

Volunteer Hours Recording Sheet

The Oklahoma Dental Hygienists' Association would like to track volunteer hours by Dental Hygienists. Please make copies of this sheet and record any hours that you donate professional dental hygiene services and send it periodically to:

Karen Sehorn, RDH
1407 Cambridge Ct.
Shawnee, OK 74804
Or e-mail to: plaqbuster@aol.com

Your Name: _____ e-mail address: _____

Your City, County, ST of Residence: _____

Home Phone/Cell Phone: _____

| | Date | Location (school, nursing home, health fair...) | City/Town | Number of hours | Type of services provided (education, clinical.....) |
|-----|------|---|-----------|-----------------|--|
| 1. | | | | | |
| 2. | | | | | |
| 3. | | | | | |
| 4. | | | | | |
| 5. | | | | | |
| 6. | | | | | |
| 7. | | | | | |
| 8. | | | | | |
| 9. | | | | | |
| 10. | | | | | |